

# Chigshul

W E E K L Y



25th July— 4th Av

Tisha B'Av is on Wed night & Thursday

**Devarim דברים**

**Shabbat Chazon**

<i>This week's Sedra and Haftarah can be found in your Chumash</i>	<b>Sedra</b>	<b>ArtScroll p938</b>	<b>Hertz p736</b>
	<b>Haftarah</b>	<b>ArtScroll p1195</b>	<b>Hertz p750</b>

## Shul times this Shabbat

**Friday evening 7.00pm**

**Shabbat morning 9.30am (fully booked)**

**Shabbat mincha 7.00pm**

**Maariv Saturday night via Zoom only 10.15pm**

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**For those unable to attend on Friday evening, join  
Kabbalat Shabbat Live, with Cranbrook Synagogue**

This Friday at 7:00pm, join Cranbrook Synagogue's Rabbi Steven Dansky for an uplifting Kabbalat Shabbat service.

**<https://theus.tv/kabbalatshabbat>**

# Sedra Lite

BY RABBI DAVIS



## Rabbi Davis discusses Devarim 5780

The sedra of Devarim (Deuteronomy) begins a series of Moses' reflections on the forty years in the desert. The first verse hints at several places where the saddest moments of the forty years occurred. For example, *bein Paran* reminds us of the incident involving the spies who were sent out from the *Paran* desert, and *Di Zahav* reminds us of the Golden Calf.

The starting point for Moses' speech is verse six, where he refers to G-d's command to leave *Horev* (Mount Sinai) and journey to the Land of Israel. But then Moses refers to the 'burdens and squabbling' of the people, which held them back, followed by the disastrous mission of the spies. This is the main reason why the sidra of Devarim is always read on the Shabbat preceding Tisha B'Av. Not only were the Temples destroyed on that date, but it was also the date on which the spies returned from their ill-fated mission.

The sidra then jumps 38 years and describes the wanderings of the Israelites around the Lands of Edom, Moab and Ammon, and the wars with Sichon and Og. The sidra concludes with Moses urging Joshua to have courage as he takes the people forward over the Jordan, into the Land of Israel.

The Haftarah comes from the first chapter of the book of Isaiah. Isaiah is strongly critical of the Jewish People, especially the corruption of the rulers. He also declares how futile sacrifices are when accompanied by such corruption. The Haftarah concludes on a positive note, that "Zion will be redeemed through justice and the people will return in righteousness".

The fast of the 9<sup>th</sup> Av (Tisha B'Av) falls on Wednesday evening and Thursday. The last meal before the fast should be a piece of bread and a hard-boiled egg, eaten whilst sitting on the floor or on a low chair. Although work is permitted on Tisha B'Av, in other respects the severity of the day comes close to that of Yom Kippur. We don't wash at all, except our fingers up to our knuckles and our eyelids, we don't wear leather shoes and marital relations are forbidden. An extra stringency is that we sit on low chairs from the onset of the fast until Thursday midday (1.07pm). We don't learn Torah; instead, we immerse ourselves in learning about sad chapters in our history. **A large number of programmes are available online.**

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## Schedule for Friday and Shabbat

### Friday 24 July

**6.00 pm** Memorial prayer & shiur for those whose yahrzeit falls during the coming week

### **7.00 pm Mincha & Kabbalat in shul**

Kabbalat Shabbat service online, with Cranbrook Synagogue. <https://theus.tv/kabbalatshabbat>

**7.23 pm Earliest time to light Shabbat Candles. Latest time is 8.47 pm**

**Friday night service, p.256**

### Shabbat 25 July

**9.30 am** Morning service, starting with Shochein Ad. Details front page.

In addition to reciting the Shema as part of davening, it should also be said before 9.10 am and so it should be recited at home prior to this time.

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**For those not attending shul, the service is as follows: p.10-32, then from Mizmor Shir (p.322) to the end of the Shacharit Amidah (p.402), leaving out Kaddish, Barechu and the repetition of the Amidah. The first paragraph of Yekum PORKAN, prayers for Queen , Israel, Covid19 victims, Av HaRachamim, followed by Ashrei (p. 418-428)**

**Musaf Service** (p.434-464) No repetition, no kaddish and no Anim Zemirot

This week's Torah reading, from the chumash (see front page), plus the haftarah (without the blessings), can be read at any time.

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**7.00 pm** Mincha p. 476. Pirke Avot, Ethics of the Fathers, ch. 1, p. 524

**9.58 pm** Shabbat ends **10.05 pm Maariv (Zoom)**

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Tisha B'Av is a day on which we mourn major disasters that happened in our history:

The generation of the spies were condemned to wander in the desert for forty years.

The destruction of the First Temple in 586 BCE.

The destruction of the Second Temple in 70 CE.

The ploughing over of Jerusalem by the Romans.

The crushing of the rebellion at Beitar in 135 C.E.

More recent Tisha B'Av disasters include the expulsions of the Jews from England in 1290, France in 1390, and Spain in 1492, plus the outbreak of the First World War in 1914.

We stop eating by 8.53pm. At Maariv, we read the book of *Eicha* (Lamentations).

Tallit and Tefillin are worn at Mincha, not at Shacharit. The fast ends at 9.43 pm.

Wishing you all Shabbat Shalom & a meaningful fast.

## Shul Service Times



**Shacharit**

**Mincha/  
Maariv**

Friday 24 July

7.00am

7.00 pm

*Shabbat commences 8.47 pm  
Earliest lighting: 7.23 pm*

Shabbat 25 July

9.30am

7.00pm  
in shul  
  
10.05 pm  
Zoom

*Shabbat ends 9.58 pm*

Sunday 26 July

8.30am

7.30 pm

Monday 27 July

7.00am

7.30 pm

Tuesday 28 July

7.00am

7.30 pm

Wednesday 29 July

7.00am

7.30pm /  
9.10 pm

*Erev Tsiha B'Av Fast begins: 8.53 pm*

Thursday 30 July

8.30am

7.30 pm

*Tisha B'Av Fast ends: 9.43 pm*

Friday 31 July

7.00am

7.00 pm

*Shabbat commences 8.36 pm  
Earliest lighting: 7.12 pm*

Shabbat 1 August

9.30am

7.00pm  
in shul  
  
9.50 pm

*Shabbat ends 9.45 pm*

### Stone Settings

6th September

10:30am

Hazel Tuhrim

Waltham Abbey

6th September

11:00am

Sarah Kunick

Waltham Abbey

**Check out our website [www.chigshul.org.uk](http://www.chigshul.org.uk)**

**For details of other events in the local Jewish community see [www.ejcc.co.uk](http://www.ejcc.co.uk)**